# Webinar Recap for October 19<sup>th</sup>, 2020

## LTC+ Acting on Pandemic Learning Together

## TOPIC

COVID-19 Second Wave Action Plan in Quebec

## **KEY AREA(S)**

Prevention

## SPEAKER(S)

- Diane Boyer, OPUS-AP Provincial Project Lead, Mandated by the CIUSSS de l'Estrie
- Andrée-Anne Rhéaume, OPUS-AP Territorial Lead, Centre d'excellence sur le vieillissement de Québec (CEVQ)

## SESSION OBJECTIVE(S)

Fondation canadienne pour l'amélioration des services de santé

- Learn from the approach used in Quebec to prevent outbreaks in LTC facilities during wave two of COVID-19
- Offer concrete strategies for organizations to prevent future outbreaks
- Share next steps to participate in the LTC+: Acting on Pandemic Learning Together program

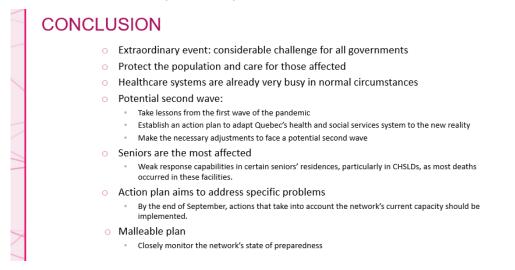
## **SUMMARY**

1. During the first wave of COVID-19 in Quebec, seniors were the most affected. Over 91% of the people who died from the disease were 70 years of age and older, of which ~65% lived in long-term care and 17% in retirement homes. The main challenges in Quebec's pandemic responses are outlined below:



- 2. Quebec developed an action plan for a possible second wave of COVID-19, which involved the following 9 interventions, as focused on the senior population:
  - Action Point 1: Senior Residences
    - Reduce risks for residents; ensure accountability; ensure public-and private-sector partners understand and fulfill their responsibilities; and improve communication between 1) managers and public authorities, 2) users and their families
    - This involved the following items:
      - Maintain safe access to residential settings for caregivers
      - Designate a manager at each CHSLD and support medical and administrative teams
      - Clarify the roles and responsibilities associated with residential settings and make the necessary regulatory changes
      - Facilitate extraordinary government response in the event residents are in danger
      - Implement regular monitoring mechanisms in private facilities
      - Provide tools to improve communications
      - Computerize public CHSLDs
  - <u>Action Point 2:</u> Vulnerable People
    - Limit the impact of the health crisis on seniors; reduce the harm caused by the health crisis on Quebecer's mental health
  - <u>Action Point 3:</u> Workforce
    - Increase the number of trained health and social services staff members; stop workers from moving between facilities, including for independent workers; and ensure ongoing training for health and social services professionals amid the pandemic and accelerate the integration of new graduates into the workforce
  - <u>Action Point 4:</u> Screening
    - Quickly identify people who have been infected by the virus, and those who came into contact with them, when they were contagious; and organize services to foster an agile response adapted to the needs of the population and health system.
  - <u>Action Point 5:</u> Outbreak Prevention and Management
    - o Improve infection and control practices in health and social services facilities
  - <u>Action Point 6:</u> Clinical Organizations
    - $\circ$  Maintain optimal and safe services amid the new COVID-19 reality
  - <u>Action Point 7:</u> Procurement
    - Secure the supply of medicine and personal protection equipment; and increase the inventories of critical medicines in pharmaceutical departments to 90 days of use
  - Action Point 8: Governance
    - Ensure consistency of action throughout the network, especially in the Montreal area, and optimal organization of services to adequately meet the needs of the population

- Action Point 9: Communications
  - Inform network employees and collaborators affected by a directive in a clear and timely manner; and inform the entire population in a balanced, efficient and consistent manner
- **3.** Highlighted below are the overall key takeaways from Quebec's experience of the first wave of COVID-19 and their action plan for a possible second wave:



#### **RESOURCES SHARED**

Listed below are the resources mentioned during the webinar:

- <u>Reimagining Care for Older Adults Report</u>
- <u>COVID-19: An Action Plan for the Second Wave, Quebec</u>
- For-Profit Long-Term Care Homes and the Risk of COVID-19 Outbreaks and Resident Deaths

WEBINAR RECORDING Watch the full webinar here!

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